

## HUMAN PSYCHE IN MODERN PSYCHO-ENERGETIC CONCEPTION

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**Abstract:** *In scientific literature, there is the lack of conceptions and models that would correspond to modern scientific developments and could explain all mental phenomena in the human life; in general psycho-energetic conception of the human psyche is not grounded that explains the relevance of this study. The article substantiates psycho-energetic conception of the human psyche. Method of analysis, synthesis, comparison, abstraction were used and existing knowledge about human, the manifestations of the unconscious, the subconscious and the superconscious, the origins of human consciousness, the role and place of the brain and nervous system in vital activity, connection with the Universe, matter and energy that human contains, unity of the Cosmos and Human were generalised. It is being proved that by the essence and content the human psyche is relatively independent holographic multi-layered informational and energetic formation with own psy-code, which contains information of the future, present and the past of the psyche entity, his or her inner and outer world, and also reflects their significance for him or her.*

**Keywords:** psyche conceptions, psycho-energetic conception of the psyche, psycho-energy, outer psychic, inner psychic.

At present the human psyche remains the same mystery as it was hundred years ago despite thousands of psychology researches. The paradox is that most of textbooks, manuals, monographs, dissertations on various aspects of psychology were written without basing on specific conception of the model of the human psyche, patterns, principles and operational and functional abilities of which are well-known by an author. Therefore, the psychic phenomena, process, acts of behaviour and human activity are considered separately from the context of the functioning of the psyche. However, this is incorrect because human behaviour or development depends on functioning of the whole psyche and not on individual psychic phenomena as memory, thinking, character, psychological state, motives, etc.<sup>1</sup> That is why researching the human psyche, patterns of its functioning is relevant. Analysis of works on the essence, content and patterns of functioning of a human psyche demonstrates that scientific opinions regarding these matters are very versatile<sup>2</sup>.

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<sup>1</sup> I. Mikhailov, "Concepts of computations in modern theories of human cognition", in *Philosophical Problems of Information Technologies and Cyberspace*, 2018, vol. 14, no. 1, p. 4–22. DOI 10.17726/philIT.2018.1.1

<sup>2</sup> V. Vernadsky, *The beginning and eternity of life*, Soviet Russia, Moscow, 1989; S. Grof, *Beyond the Brain: Birth, Death and Transcendence in Psychotherapy*, Sotsvetiye, Moscow, 1992; C.G. Jung, "The Archetypes and the Collective Unconscious", in *Philosophy questions*,

Thus, in the *biological conception* the human psyche is disclosed through the processes of association, which are independent of the consciousness of the motor reactions of the organism, based on the fact that the associations manifest themselves in the form of intellectual, semantic processes<sup>3</sup>. This means that the psyche is the biological reactions of the organism, which the consciousness does not control, but they aim at organism adaptation to the environment in order to survive there. *Psychophysiology conception of the psyche* explains the occurrence of the psychic (psyche) as the consequence of the ability of the nerve impulses to pass by the reflex arc through the human nervous system. Reflex scheme of nervous system by Descartes appeared to be correct thanks to discovery of differences between sensory and motor pathways that goes to spinal cord. The leader of new psychophysiology H. Helmholtz who discovered the law of conservation of energy considered psychic as energy transformation.

*Physical (psychophysical) conception of the psyche* is that the psychic equates to impulse that depends on intensity of a stimulus, which, in its turn, determines an intensity of a sensation. It is based on the Weber–Fechner law and on the Stevens's power law, which consider logarithmic and range dependence between intensity of stimulus and sensation. However, it does not determine the psychic image as a final structure of a physical object that is reflected in it. Neurophysical conception of the psyche is close to the psychical. It equates the human psyche to the process of normal neurophysical reactions – metabolites, mediators, passage of electrical signals and etc. *Emotional theory of the psyche* also in the foundation of psychic places emotions, which occurs on the basis of instincts (the blind motives) and are motivating forces of behaviour. Ch. Darwin noticed that without instincts whose roots reach the history of the species, the organism cannot survive. Instincts are linked with emotions. The scientists considered instincts not from the perspective of their awareness by a subject, but by applying objective observation of expressive movements. Once such

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1988, no. 1, p. 133-152; C.G. Jung, *The structure and dynamics of the psyche*, AST, Moscow, 2005; S. Freud, *The Ego and the Id: Collection*, Publishing House “Azbuka-klassika”, St. Petesburg, 2007; E. Berne, *The mind in action*, Poppuri, Minsk, 2007; M.Y. Variy, *Energy conception of the psyche and the psychic*, Center of Educational Literature, Kyiv, 2009.

<sup>3</sup> D. Ivanov, “The hard problem of consciousness in the context of philosophy of mind in the twentieth century”, in *Philosophical Problems of Information Technologies and Cyberspace*, 2018, vol. 15, no. 2, p. 72–91. 10.17726/philIT.2018.2.15.5; Iuliu-Marius Morariu, "L'androgyné chez Platon et Mircea Eliade," in *Astra Salvensis*, VI (2018), Special Issue, p. 1031.

movements had practical significance, about which clenching fists and grunts of teeth of a modern human reminds. Such aggressive reaction meant readiness to fight.

*Chemical conception of the psyche* explains the psychic activity as a consequence of chemical reactions in the human body. Thus, the impact of pharmacological substances on the psyche conditions the phenomena (for example, hallucinations), which cannot be explained on the basis of the substance formula. *Cognitive conception of the psyche* determines it as inherent to as a system of information gaining, processing and fixation inherent to living organisms, which cognitivists imagine by the analogy with functioning of calculating devices. *Psychosocial conception of the psyche* reveals that human psyche is the product that contains both unique peculiar psychic and social, which are in interconnection and interdependence.

*Freud conception of the psyche* considers it as three-component or levels: “ID”, “EGO” and “SUPER-EGO”<sup>4</sup>. In the view of Freud, “ID” is unconsciousness component of psyche, which manifests as a seething cauldron of biological inborn instinctive notions: aggressive and sexual. “ID” saturated with sexual energy is “libido”. Since “ID” is unconscious and irrational, it obeys to the pleasure principle, that is, pleasure and happiness are the main goals in human life. The other behavioural principle – homeostasis – is tendency to preserve an exemplary inner balance. The second level of the human psyche “EGO” is consciousness, which is in constant conflict with “ID” suppressing sexual drives. The third level of the human psyche is “SUPER-EGO”, which carries moral standards. Three powers influence “EGO”: “ID”, “SUPER-EGO” and society, which makes requirements on a human. “EGO” desires to find harmony between them, obeys to principle of reality instead of pleasure principles.

*Complementary conception of the psyche* by C.-G. Jung discloses the psyche as complementary system of interaction of conscious and unconscious with continuous energy exchange between them<sup>5</sup>. Jung did not consider unconscious as psychobiological totality of rejected instinctive tendencies, repressed memories and subconscious prohibitions. He thought it is creative, clever principle that connects a human with whole humanity,

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<sup>4</sup> S. Freud, *The Ego and the Id: Collection*, Publishing House “Azbukaklassika”, St. Petersburg, 2007. Sorin Purec, „Knowledge of Nature in the Thought of the Enlightenment,” in *Astra Salvensis*, VIII (2020), no. 15, p. 57.

<sup>5</sup> C.G. Jung, “The Archetypes and the Collective Unconscious”, in *Philosophy Questions*, 1988, no. 1, p. 133-152; C.G. Jung, *Archetype and symbol*, Renaissance, Moscow, 1991.

nature and Cosmos. *Materialistic conception of the psyche* considered it as systematic feature of highly organised matter (the brain) that is in active reflection of the objective world by an entity, in building by an entity the picture of this world, which is integral part of him, and self-regulation on this basis of his behaviour and activities. *Theological conception of the psyche* factually equates it to immortal soul granted by the God.

*Esoteric conceptions (models) of the psyche* (they are also called, “symbolic systems”) represent psychic, apparatus of which creates an opportunity to structure Space of the Unseen, to disentangle what he contains. The esoteric model is so-called apparatus necessary to orientate in Subtle World and content classification of everything there. Esoteric models describe Psychocosmos as the Whole specifying certain parts, elements and details delaminating and anatomising alive, not dismembered whole of Subjective World. Examples of different esoteric conceptions (models) of the psyche are numerous works of theosophical content and close to the monotheistic traditions, and those that are beyond the official church doctrines, as well as many models of the psyche created during the twentieth and early twenty-first centuries by well-known psychologists.

Therefore, the analysis of works on the essence, content and patterns of functioning of the human psyche proves the absence of conceptions and models, which, firstly, correspond to achievements of modern science; secondly, disclose operational and procedure side of its activity; thirdly, can explain all psychic phenomena in a human life. Only some of them mention energy aspects. However, V. Boyko<sup>6</sup>, O. Donchenko<sup>7</sup>, D. Kandyba and V. Kandyba<sup>8</sup>, E. Fromm<sup>9</sup>, G. Hunt<sup>10</sup> and others in some ways researched such aspects of the human psyche. In general, psycho-energetic conception of the human psyche remains unfounded. To substantiate psycho-energetic conception of the human psyche, methods of analysis, synthesis, comparison, abstraction and generalisation of existing knowledge about human, the manifestations of the unconscious, the subconscious and the superconscious, the origins of human consciousness, the role and place of the brain and nervous system

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<sup>6</sup> V.V. Boyko, *Psychoenergy*, Piter, Saint Petersburg, 2008.

<sup>7</sup> E.A. Donchenko, *Societal psyche*, Naukova dumka, Kyiv, 1994.

<sup>8</sup> D.V. Kandyba, V.M. Kandyba, *Manageable meditative auto-training*, Medicine, Moscow, 1990. Sorin Purec, „Knowledge of Nature in the Thought of the Enlightenment,” in *Astra Salvensis*, VIII (2020), no. 15, p. 59.

<sup>9</sup> E. Fromm, *Human soul*, LLC Publishing House “AST-LTD”, Moscow, 1998.

<sup>10</sup> H.T. Hunt, *On the Nature of Consciousness: Cognitive, Phenomenological, and Transpersonal Perspectives*, AST, Moscow, 2004.

in vital activity, connection with the Universe, matter and energy that human contains, unity of the Cosmos and Human were used.

### **Substantiation of the psycho-energetic conception of the psyche**

Scientists think that the Universe is giant holographic and quantum and mechanical system and the psyche (reflected world), which regulates behaviour of humans and animals, probably, should contain elements of holography of quantum and wave nature<sup>11</sup>. Given wave (holographic) view creates an opportunity to point out fundamental level of live matter, which receives a completely specific natural scientific significance of the general scientific principle of direct adequacy of an image of an imaginary object. These positions lead to the fact that the human psyche corresponds to the Universe and everything that exists there. It seems absurd and impossible from the perspective of classical logic, but a human has a strange duality: in certain cases humans can be described as individual material objects and biological machines, that is, to equate human to his/her body and its functions. However, in other cases, a human can act in an infinite field of consciousness that overcomes the limits of space, time and linear causality. To describe a human comprehensively, paradoxical fact has to be accepted: at the same time, a human is material object and wide field of consciousness, that is, the psychic in space and time. People can realise themselves using two different modes of experience. The first of them can be called hilotropic consciousness: it represents knowledges of itself as physical being with precise borders and limited sensor diapason, which lives in three-dimensional space and linear time in the world of material objects. The following basic assumptions systematically support experience of this mode: matter is material; two objects cannot cover the same space at the same time; past events have been irrevocably lost; future events empirically inaccessible; it is impossible to be in two or more places at once.

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<sup>11</sup> G.Z. Kuchumova, A.M. Toleubayeva, Z.S. Beisenova, "Quantum aspects in text perception", in *Mediterranean Journal of Social Sciences*, 2014, vol. 5, no. 4, p. 573-577. Sorin Purec, „Knowledge of Nature in the Thought of the Enlightenment,” in *Astra Salvensis*, VIII (2020), no. 15, p. 57.

The other empirical mode can be called holotropic consciousness: it represents the field of consciousness without certain borders, has unlimited practiced access to different aspects of reality without mediation of sense organs. Opposite assumptions (to assumptions in hilotropic mode) systematically supports experience in holotropic mode: materiality and continuity of matter are illusions. Time and space are very arbitrary: the same space may be used by many objects. The past and future may be experienced now; it is possible to experience being in two places at the same time. About Individual researchers have always and everywhere stated about the interconnection of things, the total unity of the Cosmos and Man. Esotericism, in general, admits that from the moment of the *Creation of the Universe Life, Material, Consciousness (the psychic as carrier of information)* have existed always and everywhere.

It is certain that in the Universe there are immovable laws of conservation, from which the ones that were available for experiment or theoretical research were grasped - the laws of conservation of mass and energy, which were later incorporated into a single law of conservation of mass energy. All living beings of Earth are closely interconnected by processes of energy and information exchange. These processes also connect a human with the Cosmos. All these allow talking about another two laws – the law of conservation of *Law* and the law of conservation of information. Such connection is possible only if there is corresponding unified information and energy field. The important scientific discovery for the psycho-energetic conception of the psyche has been revealing of ability of the material parts to form from pure energy and again turn into pure energy in the reverse process. Representatives of quantum theory Yu.Unger, E.Waker, Ch.Muses and others give the key role in interpretation of discovery of quantum reality to the psyche. However, their notion of the psyche does not have unambiguous definition, though there is tendency to accept its independent existence.

At the same time, thanks to achievements in psychoneuroendocrinology, psychosomatic regulation, parapsychologists and other psychoenergetic processes for interstitials there is certain ways to rational understanding of the issue. Introduction of the quantum and mechanic ideas in human biology has contributed to this, because it helped to consider in a new way notions of biological space and time, fields and energies, principles of functioning and laws of preservation, which act in living systems, the highest incarnation of which is a human and his mental activity. The nature of a human from such point of view is represented in the completeness, integrity and unity with surrounding world and its

patterns of information exchange. Among all types of energy, there are only three most known: 1) electromagnetic; 2) gravitational; 3) nuclear. However, there are many of them, and probably one of them is biological field. The notion “biological field” is one of the most used and controversial at the modern stage.

The American scientist, the founder of cybernetics Norbert Wiener (1894 – 1964) at the beginning of the 60s of the 20<sup>th</sup> century formed the hypothesis that the brain of a human generates electromagnetic waves. This hypothesis has been proven experimentally. Now these bio-waves are being recorded with special equipment to make an electroencephalogram. The human brain emits a huge number of electromagnetic waves of different frequencies: alpha waves (8-14 Hz), beta waves (14-30 Hz), theta waves (4-8 Hz), delta waves (1-4 Hz). In several experiments N.Wiener found: bio-waves are not the only mechanism of emitting, but also mechanism of perceiving of bio-waves of other humans. Bio-wave is very complicated and mysterious channel of information transmission that far exceeds the possibilities of speech, emotional and other forms of communication of people through the senses. The scientists formed a hypothesis subsequently confirmed by many experiments: humans are able to communicate at a distance even when indirect contact between them is impossible. The brightest evidence of this is telepathy.

Probably in the composition of the biological field, there is psycho-energy (or may be biological field is psycho-energy). Such hypothesis is proved by the fact that during EEG (electroencephalogram) shows a straight line and consciousness of patients may be kept, probably, in independent and separated from the brain state. Consequently, it is possible that interaction of the brain and psyche is on the energetic level.

One of the main problems that a human who wants to learn psycho-energetic faces is impossibility to determine the phenomenon of psychic energy unambiguously and difficulties in trying to represent this energy in usual figurative and bodily boundaries of the imagination. This issue is difficult but it is impossible to precisely determine psycho-energy. Psycho-energy is principally new term for a modern consciousness, unknown even for academic specialists. This is the highest, too subtle energy. Psycho-energy should be considered as the unified basis of connection between lives of the past, present and future in their integral connection and unity. It provides the unity of the Universe, and a human circulates in the Universe.

The scientists O. Klizovskiy in the work “the foundations of worldview of New Era” states: psycho-energy is the thing, which in the

usual sense is considered as spirituality. And the development of psycho-energy is indeed the development of spirituality. However, there is not the spirituality, which for the modern humans is expressed in the performance of rites and visits to temples, but the real, higher spirituality that is in engaging in Higher World, disclosing a higher consciousness in own self, in developing, mastering and responsible using of that huge higher power, which is inherent in everyone; for the sake of evolution and the whole humanity. The scientists D. Kandyba and V.Kandyba concluded: the psyche or psycho-energy acts beyond time and space and is everywhere and in everything<sup>12</sup>. Consequently, there are very irrational ideas in their view: they allow that not only humans and animals have the psychic, but also plants and minerals. Such statements were accepted even in ancient Indian philosophy, and later by prominent scholars of Europe, especially in the Renaissance. According to Z.Freud, the psycho-energy is in unconsciousness of human – in “libido”<sup>13</sup>. Later C.-H. Jung determined the potential of psycho-energy of collective unconsciousness and its impact on human behaviour<sup>14</sup>. Later on the scientist M. Harding considered different types of psycho-energy, which caused different psychic disorders<sup>15</sup>.

### **The main positions of psycho-energetic conception of psyche**

Results of analysis of achievements in different fields of science demonstrate the necessity to reconsider previous approaches to interpretation of the psychic, psychic activity and psyche of human. There are a number of arguments about causes of this. Thus, detailed analysis of all conceptions of the psyche demonstrates that if to base on each one of them, it is impossible to explain an occurrence and course of most psychic phenomena in human life. For example, the phenomenon of instant recognition cannot be understood if to limit ideas about the brain as only about the set of systemically organized cells or from the perspectives of psychophysical, psychophysics, neurophysics, chemical, emotional, Freud

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<sup>12</sup> D.V. Kandyba, V.M. Kandyba, *Manageable meditative auto-training*, Medicine, Moscow, 1990.

<sup>13</sup> S. Freud, *The Ego and the Id: Collection*, Publishing House “Azbuka-klassika”, St. Petesburg, 2007.

<sup>14</sup> C.G. Jung, “The Archetypes and the Collective Unconscious”, in *Phylosophy Questions*, 1988, no. 1, p. 133-152; C.G. Jung, *Archetype and symbol*, Renaissance, Moscow, 1991; C.G. Jung, *The structure and dynamics of the psyche*, AST, Moscow, 2005.

<sup>15</sup> M.E. Harding, *Psychic energy*, Refl-book, Moscow, Vakler, Kyiv, 2002.



and other conceptions and models of psyche. Phenomenon of instant recognition prompts that there is an interaction between the instance where the impression came and the one where the image was stored: it gives an opportunity to take material from the memory without searching and this implies interaction between these instances according to the principle of intracerebral radio. Both physiology and cybernetics know such idea: an image of an object is coded using the double state of nerve cells (excited and inhibited) and cannot be considered satisfactory today. There is the question: how is each cell of cortical fields able to reflect different qualities of a thing – colour, sound, material, inner structure, space contours and other? It is also impossible to understand how through cells, with the help of the brain alone or through chemical reactions, by means of motor reactions of an organism, either by instincts and emotions, or through the passage of nerve impulses by the reflex arc through the human nervous system, or by means of neurophysical transformations and others information about not only the objects, phenomena and connections between them, but also about their significance for a person passes very quickly; how new thought, idea is formed, discovery is made; how recognition is made; if it possible, for example, to understand why a human loves exactly this human and not another.

Maybe such interaction is possible through psycho-energy, in which there is information about not only the objects, phenomena and connections between them, but also about their significance for a person. However, such psycho-energy is not created or held by the human brain, nervous system, organism. The human brain is one of the perfect examples created by nature (and is not fully studied by a human), it does not create an individual's psyche, it just a tool that can gain and emit energy in internal and on the contrary. The same as a television does not “make” different picture that is seen on a screen, but accepts electromagnetic waves, where appropriate information is laid down. Therefore, the human brain, nervous system is a peculiar antenna-feeder device that receives, decodes, transforms and emits psycho-energy.

The fact that the human psyche functions on the energy level is also confirmed by other facts, for instance, parapsychological. Also, the ability of psychics by touching a thing to read information (phenomenon of psychometry) about the place, people, events, dependences and other connected to this thing, is very convincing. In the process of study, it has been also proved: different psychics read the same information from the same thing. If it is possible, then such information, memory of events

connected to this thing really exists as psycho-energy. Using the scientific discovery that material parts can form from the pure energy and again transform into pure energy during the reverse process, analogical connection between the psychic and psycho-energy can be admitted. Material, informational, historical, spiritual, political, ideological, cosmic, planetary, active, mental, sensory and behavioural forms of mental existence are transformed into a certain psycho-potential, and the latter, under appropriate conditions, is objectified to these forms of existence mental. Modern anthropologists have also realised the inability to reduce man and his problems to mechanistic model ideas about the work of the body and the psyche. Many of them argue in favour of it that such a necessary synthesis of scientific knowledge should be based on the mental, spiritual organisation of the world as a primary and basic.

Therefore, exactly psycho-energetic models of the psyche with their interconnection and penetration into everything and simplicity can be the basis for a new scientific synthesis. No wonder the philosopher Teilhard de Chardin outlined a series of provisions for the study of the psyche (including the universal space). His ideas on effect of interpenetration of the psychic, hypothesis about the boundlessness of mental spaces in the universe, assumptions about increasing expansiveness in connection with the growing degree of compression of mutual influence through mediation of a single mental can also be a methodological basis of researching energy conception of the human psyche and psychic. He also admitted that any energy is of the psychic nature.

Each thing and phenomenon is the psychic that carries psycho-energy (information about it and its significance). Consequently, *the psychic is that which contains the psycho-energy of any polarity and can interact with the human psyche and other psychic*. The unit of the psychic is quant of energy that has minimum information of a certain significance. Exactly in psycho-energy information of different content is laid down. In addition, such information by operating of respective psy-program of decoding, can be read, transmitted, deciphered, thus affecting other subjects, phenomena, human psyche. Psycho-energy exists in the form of peculiar psy-waves, which are wave functions (that is, carriers of psychic essence of one or another thing, phenomenon). These psy-waves immediately spread not only in the human brain, but also in any place of the Universe. In psy-energy of the human psychic, his or her thoughts, feelings, volitional acts, ideas, etc., and their significance are encoded. At the same time, each thought, expression, emotion, feeling, act, action, act of behaviour, the very

behaviour and activity of the individual has a certain amount of psycho energy that is thrown on (affects) other subjects of social being.

Psycho-energy is the basis of the integral and integrational beginning of a human. Connections built on dynamics of psycho-energy are characterised by high informational saturation with weak external power (rude-energetic) manifestations. Psycho-energetic impacts are causative, extremely thin. These are systematically organising impacts that control dynamics of human physical force. Psycho-energy has two components: 1) information; 2) energetic. Information covers knowledge about phenomenon, processes, events, intensions, setting and etc. Energetic reflects a value (a degree of significance of information content), energetic capacity of psychic. Energetic capacity (its increase or decrease) depends on how important is this information for a person, how much and deeply human experiences it and believes in its realization. So, a degree of significance reflects a power of psychic, its impact on any other psychic and, therefore, on actions and behaviour of human. This degree can be marked with the notion “energetic capacity”.

Any psychic (psycho-energy) contains information and a certain value of energetic capacity. However, in human psyche, there are a huge set of different internal psychic, each of them contains respective information and has respective energetic capacity. Together they are psycho-energetic potential of the psyche (as internal psychic). This also concerns the external psychic that influence the human psyche. Therefore, psycho-energetic potential is positive or negative value of the integrated set of certain external or internal psychic. It reflects total integrated amount of information and its weight (integrated total energy capacity). The psychic is divided into internal and external.

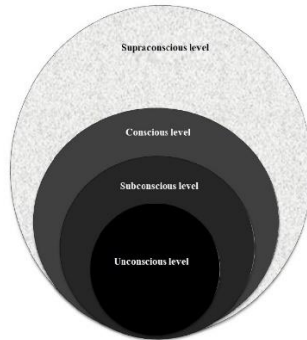
*The internal psychic* includes everything concerning the inner world of a person – emotions, feelings, experiences, images of representations, states, properties, motives, values, settings, views, thoughts, stereotypes, various psychic formation and etc. In the psyche, each of the mentioned phenomena is as mobile layer of independent psycho-energy. It also includes mental-psychic, that is, that, which human inherits from ethnos and nation. Different psychics have psycho-energy with a certain value of positive or negative potential. *The external psychic* exists beyond a person and has psycho-energy and influence person’s psyche. Such psycho-energy may differ by an amount and polarity, and be positive, neutral or negative by impact on behaviour and life activity of a human. At the same time, a person while reproducing and transforming the external psychic, incarnates it into their own norms of behaviour, principles, emotions,

feelings, customs, values, social-psychological settings, relationships, activities, creativity, etc., that is, the external psychic can turn into an internal psychic. Psycho-energy from the external environment interacts with the existing mental. As a result, information and energy in the human psyche are accumulated. Energetic capacity may increase not only due to the action of the external psychic, but also through the action of the inner psychic with each other. Only one unpleasant or scary thought can cause a whole cascade of thoughts, each of which will be even more unpleasant, more terrible, and in general everything will end with a change (increase) of negative psycho-energetic potential, which can be resulted in the corresponding actions and behaviour.

There is also the psychic of the past, present and future. *The psychic of past* exists as psycho-energy with a certain content and code. Exactly thanks to the same code, for example, ethnos representatives and relatives, psycho-energy of the past interacts with the human psyche. Moreover, in psycho-energy of the past there are several codes. The first code creates the opportunity to interact with the universal psychic, the second – with ethnic, the third (hereditary) – with family. *The psychic of the present* is that in and beyond the psyche and has formed due to impact of factors of social, personality and personal activity. *The psychic of the future* is in the Universe and acts through unknown channels. In the case of receiving information "from the future", the factor of time slips out of control of consciousness – it becomes possible to quite clearly perceive the subject, phenomenon or process that will be faced in the future. However, only in exceptional cases human who obtained such information can clearly understand and tell others about time when this event occurs. On the basis of mentioned above, it can be concluded that by the content and essence human psyche is relatively independent holographic information and energetic formation with own psy-code, which contains information about the past, present and future of an entity of the psyche, its inner and outer worlds and reflects their significance for him or her.

By the structure the psyche is multilayered and multisystem but holistic and independent formation, which exists simultaneously in an individual and beyond. The human psyche functions on several levels - the unconscious, the subconscious, the conscious and the superconscious (Figure 1).

**Figure 1: Levels of the human psyche**



By operational and functional abilities the human psyche is the process of constant interaction of the external and internal and the internal psychic, as a result of which there is *reflection of the past development of mankind, race, ethnic group and nation, bloodline and family, as well as the outside world; the maintenance and reproduction of the inner mind of the subject of the psyche; harmonisation and streamlining of the meanings of his life, the de-objectification of the internal psychic into the external and the objectification of the external psychic into the inner*. This is occurred because of corresponding psy-programs in the human psyche.

Most researchers of the unconscious include the subconscious and superconscious to this list. They are divided by their functions. The subconscious level of the psyche differs from the unconscious, conscious and superconscious by contents and functions. Although this division is arbitrary, since the human psyche operates as the only inseparable complex, where different levels perform their functions, but their development for each person may be different. The connection between these levels occurs through psycho-energy. The consciousness is the level, which holds the psychic that provides indirectly life activity. However, in scientist's view, this level is insignificant in scope. The psyche is inherent in certain properties. One of them is the *objectification* and *de-objectification* of psycho-energy. The essence of these properties is that psycho-energy can be transformed into specific objects and phenomena, i.e., to be objectified, and under the appropriate conditions, can be transformed again from objects and phenomena to psycho-energy, that is, to be de-objectified. The processes of objectification-de-activation can be explained by an example of a painting created by an artist. For him, this canvas is an objectified part of his psycho-energy. But when the picture is exhibited, for example, in a

museum, a gallery of art<sup>1617</sup> or put up for sale, then for the one who looks at it, it becomes the external psychic, whose psycho-energy is de-objectified and objectified in feelings, perceptions, mental and sensory images of an entity of contemplation. The property of the *synergy* of the human psyche manifests itself in the fact that it is capable to accumulate the psycho-energetic potential (positive, neutral, negative)<sup>18</sup>.

An individual psyche is characterised by such an inherent property as *introversion* or *extraversion*. Introversion characterises the focus of the psyche on itself, its internal psychic, their change, interaction, interpenetration, and others. Extroversion, on the contrary, expresses the focus of the psyche on the external psychic - the world around it, the relationship in it and etc. Another property of the psyche is its *psychological reproduction*, that is, the ability to reproduce the previous psychic with the same information and energetic capacity. *Reflection* as a property of the psyche is to perceive and transfer the changes of the external world, its various types and forms of psychic on itself, transforming them into own psychic. All significant changes in social space and time, during training and upbringing, are psychic, which influences (deforms, changes the psycho-energetic potential of another psychic) the psyche of a person. On the basis of this property, the psyche develops. It also helps a person to adapt to a new reality.

## Conclusions

1) In the psycho-energetic conception of the human psyche the following ideas are most important:

2) the human psyche functions on the energetic level, that is, in the form of psy-energy;

3) the human psyche (psy-energy) exists simultaneously both in human and outside him or her;

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<sup>16</sup> T.V. Portnova, "Structural features of theatrical excursions (Methodology based on theatre museum exhibitions)", in *Mathematics Education*, 2016, vol. 11, no. 8, p. 2963-2973.

<sup>17</sup> T.V. Portnova, "Classification of the theatrical exposition and methodological approaches to the study of choreographic exhibitions (On materials of theatrical museums of the world)", in *Opcion*, 2018, vol. 34, no. 85, p. 687-697.

<sup>18</sup> T.V. Portnova, I.V. Portnova, "Art review as the main component of forming eco-synergetic culture in the course of conducting guided tours related to the art heritage", in *Research Journal of Pharmaceutical, Biological and Chemical Sciences*, 2016, vol. 7, no. 2, p. 2112-2117.

4) each human psyche has its own unique psy-code; all the internal psychic (with its psy-energies) basically contains this same psy-code as the base;

5) the psyche of a particular person contains a psychic of the past, present and future;

6) the human psyche functions on several levels - the unconscious, the subconscious, the conscious and the superconscious;

7) the human psyche (system) can be considered as a set of subsystems.